



a



e



f



b



c



d



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- a–b. Bisma Eight, Bali
 - c. Monkey Forest
 - d. Indonesia's Komodo National Park
 - e–f. Sri Lanka surf
 - g. SpiceRoads bike tour

TRAILBLAZERS

It's easier to get off the beaten path on two wheels, especially with the guides at SpiceRoads. The **Asia cycling specialist** recently introduced a 14-day mountain-biking trip through remote regions of northern Vietnam and Laos. A typical day tackles 20 to 62 miles, with some challenging climbs and fun descents. The trip includes a visit to **Laos's archaeological mystery the Plain of Jars** and a night safari in Nam Et-Phou Louey National Protected Area. Along the way, riders stop for campfire dinners with villagers and overnight in bamboo huts. \$2,995; spiceroads.com

Indonesia
Deepen Your Focus

Former competitive freediver Hanli Prinsloo set 11 South African records in her decade-long career, then went on to teach some of the world's top adventure athletes how to stretch their lungs. Now she's helping mere mortals learn to free dive in some of the most beautiful spots on the planet. In 2017, Prinsloo will offer a manta ray dive trip in Komodo National Park and a yacht charter to Raja Ampat, where guests can swim with whale sharks. Lessons cover the basics for holding your breath

and slowing your heart rate, ensuring that landlubbers are relaxed and confident. You can also feel good knowing that a portion of your trip supports I Am Water Ocean Conservation, Prinsloo's nonprofit, which works with underprivileged kids from coastal communities. Price upon request; iamwateroceantravel.com/trips

Sri Lanka
Surf the Laccadive Sea

Though peak season runs from November to April, there's never a bad month to visit the brand-new Soul and Surf yoga and surf retreat

on the lush southern coast of Sri Lanka. Within a 30-minute drive, there are waves for all skill levels: sandy-bottom beach breaks for beginners, and reef and point breaks for everybody else. With daily two-hour surf coaching in the warm water, video feedback, vinyasa flow sessions, and locally sourced meals, a week at this magical, all-inclusive retreat won't be enough. From \$900; soulandsurf.com

Bali
Get Back to the Farm

Nestled in a natural rainforest setting, the garden and treehouse-

like canopy suites at Ubud's new Bisma Eight hotel offer jungle views but are within walking distance of the Monkey Forest, Ubud Palace, and other must-see sites in town. The staff can arrange sunrise treks and whitewater-rafting trips on the Ayung River—and the hotel's Copper Kitchen and Bar has quickly become one of Ubud's top tables. Guests pick produce from a sustainable farm and enjoy vegetable *nasi goreng* and cardamom-and-star-anise-infused cocktails. From \$165; bisma-eight.com

CLOCKWISE FROM TOP LEFT: COURTESY OF BISMA EIGHT; BEN BROOMFIELD/SOUL AND SURF; COURTESY OF SOUL AND SURF; COURTESY OF SPICEROADS; JEN JUDGE/AURORA; COURTESY OF BISMA EIGHT; GALLERY STOCK